# **ACTOS®**

### DESCRIPTION

hloride) Tablets

**DESCRIPTION** ACTOS (pioglitazone hydrochloride) is an oral antidiabetic agent that acts pri-marily by decreasing insulin resistance. ACTOS is used in the management of type 2 diabetes mellitus (also known as non-insulin-dependent diabetes mel-litus (NIDDM) or adult-onset diabetes). Pharmacological studies indicate that ACTOS improves sensitivity to insulin in muscle and adipose tissue and inhibits hepatic gluconeogenesis. ACTOS improves glycemic control while reducing circulating insulin levels. Pioglitazone [(4)-5-[[4-12-(5-ethyl-2-pyridiny)]ethoxy]phenyl]methyl]-2,4-] thiazolidinedine monohydrochloride belongs to a different chemical class and has a different pharmacological action than the sulfonylureas, metformin, or the  $\alpha$ -glucosidase inhibitors. The molecule contains one asymmetric car-bon, and the compound is synthesized and used as the racemic mixture. The two enantiomers of pioglitazone interconvert in vivo. No differences were found in the pharmacological activity between the two enantiomers. The strucfound in the pharmacologic activity between the two enantiomers. The struc-tural formula is as shown:



Pioglitazone hydrochloride is an odorless white crystalline powder that has a molecular formula of C<sub>18</sub>H<sub>29</sub>N<sub>2</sub>O<sub>2</sub>S+HCl and a molecular weight of 392.90 dal-tons. It is soluble in N.N-dimethylformamide, slightly soluble in anhydrous ethanol, very slightly soluble in actone and acetonitrile, practically insoluble in water, and insoluble in ether. ACTOS is available as a tablet for oral administration containing 15 mg, 30 mg, or 45 mg of pioglitazone (as the base) formulated with the following excipients: lactose monohydrate NF, hydroxypropylcellulose NF, carboxymethylcellulose calcium NF, and magnesium stearate NF. **CLINICAL PHARMACOLOGY Mechanism of Action** 

Mechanism of Action ACTOS is a thiazolidinedione antidiabetic agent that depends on the presence of insulin for its mechanism of action. ACTOS decreases insulin resistance in of insulin for its mechanism of action. Act to decreases insulin resistance in the periphery and in the liver resulting in increased insulin-dependent glucose disposal and decreased hepatic glucose output. Unlike suffonytureas, pioglita-zone is not an insulin secretagogue. Pioglitazone is a potent and highly selec-tive agonist for peroxisome proliferator-activated receptor-gamma (PPARy). PPAR receptors are found in tissues important for insulin action such as adi-pose tissue, skeletal muscle, and liver. Activation of PPARy nuclear receptors modulates the transcription of a number of insulin responsive genes involved in the control of durces and livid metabolism.

Induates the datacompoint of another of mission responsive genes involved in the control of glucose and lipid metabolism. In animal models of diabetes, pioglitazone reduces the hyperglycemia, hyperinsultennia, and hypertriglyceridemia characteristic of insulin-resistant states such as type 2 diabetes. The metabolic changes produced by pioglita-zone result in increased responsiveness of insulin-dependent tissues and are observed in numerous animal models of insulin resistance. Since pioglitazone enhances the effects of circulating insulin (by decreas-ing insulin resistance). If does not lower blood ducose in animal models that

ing insulin resistance), it does not lower blood glucose in animal models that lack endogenous insulin.

Pharmacokinetics and Drug Metabolism Serum concentrations of total pioglitazone (pioglitazone plus active metabo-lites) remain elevated 24 hours after once daily dosing. Steady-state serum concentrations of both pioglitazone and total pioglitazone are achieved within 7 days. At steady-state, two of the pharmacologically active metabolites of pioglitazone, Metabolites III (M-III) and IV (M-IV), reach serum concentra-tions equal to or greater than pioglitazone. In both healthy volunteers and in patients with type 2 diabetes, pioglitazone comprises approximately 30% to 50% of the peak total pioglitazone serum concentrations and 20% to 25% of the total area under the serum concentration-time curve (AUC). Maximum serum concentration (C<sub>max</sub>), AUC, and trough serum concentra-tions (C<sub>max</sub>) for both pioglitazone and total pioglitazone increase proportion-ally at doses of 15 mg and 30 mg per day. There is a slightly less than propor-tional increase for pioglitazone and total pioglitazone at dose of 60 mg per day. Absorption: Following oral administration, in the fasting state, pioglitazone

tional increase for pioglitazone and total pioglitazone at a dose of 60 mg per day. **Absorption:** Following oral administration, in the fasting state, pioglitazone is first measurable in serum within 30 minutes, with peak concentrations observed within 2 hours. Food slightly delays the time to peak serum concen-tration to 3 to 4 hours, but does not alter the extent of absorption. **Distribution:** The mean apparent volume of distribution (Vd/F) of pioglita-zone following single-dose administration is 0.63 ± 0.41 (mean ± 50) L/kg of body weight. Pioglitazone is extensively protein bound (>99%) in human serum, principally to serum albumin. Pioglitazone also binds to other serum proteins, but with lower affinity. Metabolites M-III and M-IV also are exten-sively bound (> 98%) to serum albumin. **Metabolism:** Pioglitazone is extensively metabolized by hydroxylation and oxi-dation: the metabolites also parth convert to nuceroide or sulfate conjurates

sively bound (> 98%) to serum albumin.
Metabolism: Pioglitazone is extensively metabolized by hydroxylation and oxidation; the metabolites also partly convert to glucuronide or sulfate conjugates. Metabolites M-II and M-IV (hydroxy derivatives of pioglitazone) and M-III (keto derivative of pioglitazone) are pharmacologically active in animal models of type 2 diabetes. In addition to pioglitazone, M-III and M-IV are the principal drug-related species found in human serum following multiple dosing. At steady-state, in both healthy volunteers and in patients with type 2 diabetes, pioglitazone comprises approximately 30% to 50% of the total peak serum concentrations and 20% to 25% of the total AUC.
In vitro data demonstrate that multiple CYP isoforms are involved in the metabolism of pioglitazone. The cytochrome P450 isoforms involved are CYP2C3 and, to a lesser degree, CYP3A4 with additional contributions from a variety of other isoforms including the mainly extrahepatic CYP1A1. In vivo studies of rolgolitazone in combination with P450 inhibitors and substrates have been performed (see Drug Interactions). Urinary 66-hydroxycortisol/ cortisol ratios measured in patients treated with ACDS showed that pioglitazone is negligible, and the drug is excreted primarily as metabolites and their conjugates. It is presumed that most of the oral dose is excreted into the bile either unchanged or as metabolites and elimination at an effect.
The mean serum half-life of pioglitazone and total pioglitazone ranges from 3 to 7 hours and 16 to 24 hours, respectively. Pioglitazone has an apparent clearance, CLF, calculated to be 5 to 7 L/h.

### Special Populations

Renal Insufficiency: The serum elimination half-life of pioglitazone, M-III, and Mellar institutency: the seture elimination and the optimization, which and MelV remains unchanged in patients with moderate (creatinine clearance 30 to 60 mL/min) to severe (creatinine clearance -30 mL/min) renal impairment when compared to normal subjects. No dose adjustment in patients with renal dysfunction is recommended (see DOSAGE AND ADMINISTRATION).

Hepatic Insufficiency: Compared with normal controls, subjects with impaired hepatic function (Child-Pugh Grade B/C) have an approximate 45% reduction in pioglitazone and total pioglitazone mean peak concentrations but

no change in the mean AUC values. ACTOS therapy should not be initiated if the patient exhibits clinical evi-dence of active liver disease or serum transaminase levels (ALT) exceed 2.5 times the upper limit of normal (see PRECAUTIONS, Hepatic Effects).

Elderly: In healthy elderly subjects, peak serum concentrations of pioglita-zone and total pioglitazone are not significantly different, but AUC values are slightly higher and the terminal half-life values slightly longer than for younger subjects. These changes were not of a magnitude that would be considered clinically relevant.

Pediatrics: Pharmacokinetic data in the pediatric population are not available Gender: The mean C<sub>max</sub> and AUC values were increased 20% to 60% in females. As monotherapy and in combination with sulfonylurea, metformin, or insulin, ACTOS improved glycemic control in both males and females. In controlled clinical trials, hemoglobin  $A_{te}$  (HDA<sub>te</sub>) decreases from baseline were generally greater for females than for males (average mean difference in HbA<sub>t</sub> 0.5%). Since therapy should be individualized for each patient to achieve glycemic control, no dose adjustment is recommended based on gender alone.

Ethnicity: Pharmacokinetic data among various ethnic groups are not available. Drug-Drug Interactions

Drug-Drug Interactions The following drugs were studied in healthy volunteers with a co-administra-tion of ACTOS 45 mg once daily. Listed below are the results: <u>Oral Contraceptives</u>: Co-administration of ACTOS (45 mg once daily) and an oral contraceptive; Co-administration of ACTOS (45 mg once daily) and an oral contraceptive; Co-administration of ACTOS (45 mg once daily) and an oral contraceptive; Co-administration of ACTOS (45 mg once daily) and an oral Contraceptive; Co-administration of ACTOS (45 mg once daily) and an oral contraceptive; Co-administration of ACTOS (45 mg once daily) and an ore thind constrained in 11% and 11-14% decrease in ethinyl estradi-ol AUC (0-24h) and Comerce respectively. There were no significant changes in norethindrone AUC (0-24h) and Comerce constrained and the high variability of ethinyl estradiol pharmacokinetics, the clinical significance of this finding is unknown.

<u>Fexofenadine HCI</u>: Co-administration of ACTOS for 7 days with 60 mg fexofe-nadine administered orally twice daily resulted in no significant effect on pioglitazone pharmacokinetics. ACTOS had no significant effect on fexofenadine pharmacokinetics.

Glipizide: Co-administration of ACTOS and 5 mg glipizide administered orally once daily for 7 days did not alter the steady-state pharmacokinetics of glipizide. <u>Digoxin</u>: Co-administration of ACTOS with 0.25 mg digoxin administered oral-ly once daily for 7 days did not alter the steady-state pharmacokinetics of digoxin.

Martarin: Co-administration of ACTOS for 7 days with warfarin did not alter the steady-state pharmacokinetics of warfarin. ACTOS has no clinically sig-nificant effect on prothrombin time when administered to patients receiving chronic warfarin therapy.

Metformin: Co-administration of a single dose of metformin (1000 mg) and ACTOS after 7 days of ACTOS did not alter the pharmacokinetics of the single dose of metformin.

 $\frac{Midazolam}{Midazolam}: Administration of ACTOS for 15 days followed by a single 7.5 mg dose of midazolam syrup resulted in a 26% reduction in midazolam C_{max} and AUC.$ 

Ranitidine HCI: Co-administration of ACTOS for 7 days with ranitidine administered orally twice daily for either 4 or 7 days resulted in no significant effect on pioglitazone pharmacokinetics. ACTOS showed no significant effect on ranitidine pharmacokinetics.

Mitedipine ER: Co-administration of ACTOS for 7 days with 30 mg nifedipine ER: Administered orally once daily for 4 days to male and female volunteers resulted in least square mean (90% CI) values for unchanged nifedipine of 0.83 (0.73-0.95) for C<sub>max</sub> and 0.88 (0.80-0.96) for AUC. In view of the high variability of nifedipine pharmacokinetics, the clinical significance of this finding is unknown.

Ketoconazole: Co-administration of ACTOS for 7 days with ketoconazole 200 mg administered twice daily resulted in least square mean (90% Cl) values for unchanged pioglitazone of 1.14 (1.06 - 1.23) for  $C_{max}$ , 1.34 (1.26 - 1.41) for AUC and 1.87 (1.71 - 2.04) for  $C_{min}$ . Advantation Calcium: Co-administration of ACTOS for 7 days with atorvastatin calcium (LIPITOR\*) 80 mg once daily resulted in least square mean (90% Cl) values for unchanged pioglitazone of 0.69 (0.57 - 0.85) for  $C_{max}$ , 0.76 (0.65 - 0.88) for AUC and 0.96 (0.87 - 1.05) for  $C_{min}$ . For unchanged atorvastatin the least square mean (90% Cl) values were 0.77 (0.66 - 0.90) for  $C_{max}$ , 0.86 (0.78 - 0.34) for AUC and 0.92 (0.82 - 1.02) for  $C_{min}$ . Theophylling: Co-administration of ACTOS for 7 days with theophylline 400 mg administered twice daily resulted in no change in the pharmacokinetics of either drug.

either drug.

### Cytochrome P450: See PRECAUTIONS.

Pharmacodynamics and Clinical Effects Clinical studies demonstrate that ACTOS improves insulin sensitivity in insulin-resistant patients. ACTOS enhances cellular responsiveness to insulin-increases insulin-dependent glucose disposal, improves hepatic sensitivity to increases insulin-dependent glucose disposal, improves hepatic sensitivity to insulin, and improves dysfunctional glucose homeostasis. In patients with type 2 diabetes, the decreased insulin resistance produced by ACTOS results in lower plasma glucose concentrations, lower plasma insulin levels, and lower HbAr<sub>te</sub> values. Based on results from an open-label extension study, the glu-cose lowering effects of ACTOS appear to persist for at least one year. In con-trolled clinical trials, ACTOS in combination with sulfonylurea, metformin, or insulin had an additive effect on glycemic control. Patients with lipid abnormalities were included in clinical trials with ACTOS. Overall, patients treated with ACTOS had mean decreases in triglyce-rides, mean increases in HDL cholesterol, and no consistent mean changes in LDL and total cholestero-ontrolled, dose-ranging study, mean triglyceride

In LDL and total cholesterol. In a 26-week, placebo-controlled, dose-ranging study, mean triglyceride levels decreased in the 15 mg, 30 mg, and 45 mg ACTOS dose groups com-pared to a mean increase in the placebo group. Mean HDL levels increased to a greater extent in patients treated with ACTOS than in the placebo-treat-ed patients. There were no consistent differences for LDL and total choles-terol in patients treated with ACTOS compared to placebo (Table 1).

## Table 1 Lipids in a 26-Week Placebo-Controlled Monotherapy

	Placebo	ACTOS 15 mg Once Daily	ACTOS 30 mg Once Daily	ACTOS 45 mg Once Daily
Triglycerides (mg/dL)	N=79	N=79	N=84	N=77
Baseline (mean) Percent change from	262.8 4.8%	283.8 -9.0%	261.1 -9.6%	259.7 -9.3%
baseline (mean)				
HDL Cholesterol (mg/dL)	N=79	N=79	N=83	N=77
Baseline (mean)	41.7	40.4	40.8	40.7
Percent change from baseline (mean)	8.1%	14.1%	12.2%	19.1%
LDL Cholesterol (mg/dL)	N=65	N=63	N=74	N=62
Baseline (mean)	138.8	131.9	135.6	126.8
Percent change from baseline (mean)	4.8%	7.2%	5.2%	6.0%
Total Cholesterol (mg/dL)	N=79	N=79	N=84	N=77
Baseline (mean)	224.6	220.0	222.7	213.7
Percent change from baseline (mean)	4.4%	4.6%	3.3%	6.4%

In the two other monotherapy studies (24 weeks and 16 weeks) and in com-bination therapy studies with sulfonylurea (24 weeks and 16 weeks) and met-formin (24 weeks and 16 weeks), the results were generally consistent with the data above. In placebo-controlled trials, the placebo-corrected mean changes from baseline decreased 5% to 26% for triglycerides and increased 6% to 13% for HDL in patients treated with ACTOS. A similar pattern of results was seen in 24-week combination therapy studies of ACTOS with sul-fonvlurea or metformin fonvlurea or metformin.

In a combination therapy study with insulin (16 weeks), the placebo-cor-rected mean percent change from baseline in triglyceride values for patients treated with ACTOS was also decreased. A placebo-corrected mean change from baseline in LDL cholesterol of 7% was observed for the 15 mg dose group. Similar results to those noted above for HDL and total cholesterol were observed. A similar pattern of results was seen in a 24-week combina-tion therapy study with ACTOS with insulin.

# Clinical Studies

Monotherapy In the U.S., three randomized, double-blind, placebo-controlled trials with durations from 16 to 26 weeks were conducted to evaluate the use of ACTOS as monotherapy in patients with type 2 diabetes. These studies examined

ACTOS at doses up to 45 mg or placebo once daily in 865 patients. In a 26-week dose-ranging study, 408 patients with type 2 diabetes were ran-domized to receive 7.5 mg, 15 mg, 30 mg, or 45 mg of ACTOS, or placebo once daily. Therapy with any previous antidiabetic agent was discontinued 8 weeks prior to the double-blind period. Treatment with 15 mg, 30 mg, and 45 mg of ACTOS produced statistically significant improvements in HbA, and fasting plas-ma glucose (FPG) at endpoint compared to placebo (see Figure 1, Table 2). Figure 1 shows the time course for changes in FPG and HbA<sub>1e</sub> for the entire study population in this 26-week study.

# Figure 1 Mean Change from Baseline for FPG and HbA<sub>1c</sub> in a 26-Week Placebo-Controlled Dose-Ranging Study







Table 2 shows HbA<sub>1c</sub> and FPG values for the entire study population Table 2 Glycemic Parameters in a 26-Week Placebo-Controlled

	Dose-Kang	jing Stuay		
	Placebo	ACTOS 15 mg Once Daily	ACTOS 30 mg Once Daily	ACTOS 45 mg Once Daily
Total Population				
HbA <sub>tc</sub> (%) Baseline (mean) Change from baseline (adjusted mean*) Difference from placebo (adjusted mean*)	N=79 10.4 0.7	N=79 10.2 -0.3 -1.0*	N=85 10.2 -0.3 -1.0*	N=76 10.3 -0.9 -1.6*
FPG (mg/dL) Baseline (mean) Change from baseline (adjusted mean*) Difference from placebo (adjusted mean*)	N=79 268 9	N=79 267 -30 -39*	N=84 269 -32 -41*	N=77 276 -56 -65*

\*Adjusted for baseline, pooled center, and pooled center by treatment interaction  $*p \le 0.050$  vs. placebo

The study population included patients not previously treated with antidia-betic medication (naïve; 31%) and patients who were receiving antidiabetic med-ication at the time of study enrollment (previously treated; 69%). The data for the naïve and previously-treated patient subsets are shown in Table 3. All patients entered an 8 week washout/run-in period prior to double-blind treat-ment. This run-in period was associated with little change in HbA<sub>x</sub> and PFQ val-ues from screening to baseline for the naïve patients; however, for the previ-ously-treated aroup weapout from previous antificiabetic medication resulted uses not screening to baseline to the nave patients, nowever, not the previous outs)-treated group, washout from previous antidiabetic medication resulted in deterioration of glycemic control and increases in HbA<sub>te</sub> and FPG. Although most patients in the previously-treated group had a decrease from baseline in HbA<sub>te</sub> and FPG with ACTOS, in many cases the values did not return to screen-ing levels by the end of the study. The study design did not permit the eval-uation of patients who switched directly to ACTOS from another antidia-betic agent betic agen

### Table 3 Glycemic Parameters in a 26-Week Placebo-Controlled Dose-Ranging Study

	Placebo	ACTOS 15 mg Once Daily	ACTOS 30 mg Once Daily	ACTOS 45 mg Once Daily	
Naïve to Therapy					
HbA <sub>1c</sub> (%)	N=25	N=26	N=26	N=21	
Screening (mean)	9.3	10.0	9.5	9.8	
Baseline (mean) Change from baseline (adjusted mean*)	9.0 0.6	9.9 -0.8	9.3 -0.6	10.0 -1.9	
Difference from placebo (adjusted mean*)		-1.4	-1.3	-2.6	
FPG (mg/dL)	N=25	N=26	N=26	N=21	
Screening (mean)	223	245	239	239	
Baseline (mean)	229 16	251	225 -41	235 -64	
Change from baseline (adjusted mean*)	10	-37	-41	-04	
Difference from placebo (adjusted mean*)		-52	-56	-80	
Previously Treated					
HbA <sub>1c</sub> (%)	N=54	N=53	N=59	N=55	
Screening (mean)	9.3	9.0	9.1	9.0	
Baseline (mean) Change from baseline	10.9 0.8	10.4 -0.1	10.4 -0.0	10.6 -0.6	
(adjusted mean*)	0.0	-0.1	-0.0	-0.0	
Difference from placebo (adjusted mean*)		-1.0	-0.9	-1.4	
FPG (mg/dL)	N=54	N=53	N=58	N=56	
Screening (mean)	222	209	230	215	
Baseline (mean) Change from baseline (adjusted mean*)	285 4	275 -32	286 -27	292 -55	
Difference from placebo (adjusted mean*)		-36	-31	-59	
* Adjusted for baseline and	* Adjusted for baseline and pooled center				

In a 24-week placebo-controlled study, 260 patients with type 2 diabetes were randomized to one of two forced-titration ACTOS treatment groups or a mock titration placebo group. Therapy with any previous antidiabetic agent was discontinued 6 weeks prior to the double-bilind period. In one ACTOS treatment group, patients received an initial dose of 7.5 mg once daily. After four weeks, the dose was increased to 30 mg once daily for the remainder of the study [6] weeks]. In the second ACTOS treatment group, patients received an initial dose of 7.5 mg once daily for the remainder of the study [6] weeks]. In the second ACTOS treatment group, patients received an initial dose of 15 mg once daily and were titrated to 30 mg once daily and 45 mg once daily and 45 mg once daily in a similar manner. Treatment with ACTOS, as described, produced statistically significant improvements in HbA<sub>16</sub> and FPG at endpoint compared to placebo (see Table 4). to placebo (see Table 4).

### Table 4 Glycemic Parameters in a 24-Week Placebo-Controlled

	Placebo	ACTOS 30 mg+ Once Daily	ACTOS 45 mg* Once Daily
Total Population			
HbA <sub>1c</sub> (%)	N=83	N=85	N=85
Baseline (mean) Change from baseline (adjusted mean++) Difference from placebo (adjusted mean++)	10.8 0.9	10.3 -0.6 -1.5*	10.8 -0.6 -1.5*
FPG (mg/dL)	N=78	N=82	N=85
Baseline (mean) Change from baseline (adjusted mean++)	279 18	268 -44	281 -50
(adjusted mean++)		-62*	-68*

\* p  $\leq$  0.050 vs. placebo For perviously treated with antidiabetic medication (24%), mean values at screening were 10.1% for HbA<sub>Rt</sub> and 238 mg/dL for FPG. At baseline, mean HbA<sub>Rt</sub> was 10.2% and mean FPG was 243 mg/dL Compared with placebo, treatment with ACTOS titrated to a final dose of 30 mg and 45 mg resulted in reductions from baseline in mean HbA<sub>Rt</sub> of 2.3% and 2.6% and mean FPG of 63 mg/dL and 95 mg/dL, respectively. For patients who had been previously treated with antidiabetic medication (76%), this medication was discontinued at screening. Mean values at screening were 9.4% for HbA<sub>Rt</sub> and 216 mg/dL for FPG. At baseline, mean HbA<sub>Rt</sub> of 1.3% and 1.4% and mean FPG was 290 mg/dL. Compared with placebo, treatment with ACTOS titrated to a final dose of 30 mg and 45 mg resulted in reductions from baseline in mean HbA<sub>Rt</sub> of 1.3% and 1.4% and mean FPG of 55 mg/dL and 60 mg/dL, respectively. For many previously-treated patients, HbA<sub>Rt</sub> and FPG had for the study. In a 16-week study, 197 patients with type 2 diabetes were randomized to treatment with 30 mg of ACTOS produced statistically significant improvements in HbA<sub>Rt</sub> and FPG at and placebo (see Table 5).

### Table 5 Glycemic Parameters in a 16-Week Placebo-Controlled Study

	Placebo	ACTOS 30 mg Once Daily
Total Population		-
HbA <sub>1c</sub> (%)	N=93	N=100
Baseline (mean) Change from baseline (adjusted mean+) Difference from placebo (adjusted mean+)	10.3 0.8	10.5 -0.6 -1.4*
FPG (mg/dL)	N=91	N=99
Baseline (mean) Change from baseline (adjusted mean+) Difference from placebo (adjusted mean+)	270 8	273 -50 -58*

+ Adjusted for baseline, pooled center, and pooled center by treatment interaction \*  $p \le 0.050$  vs. placebo

\* p  $\leq$  0.050 VS, piaceoo For patients who had not been previously treated with antidiabetic medication (40%), mean values at screening were 10.3% for HbA<sub>1c</sub> and 240 mg/dL for FPG. At baseline, mean HbA<sub>4</sub> was 10.4% and mean FPG was 254 mg/dL. Compared with placebo, treatment with ACTOS 30 mg resulted in reductions from baseline in mean HbA<sub>4</sub> of 1.0% and mean FPG of 62 mg/dL. For patients who had been previously treated with antidiabetic medication (60%), this medication was discontinued at screening. Mean values at screening were 9.4% for HbA<sub>4e</sub> and 216 mg/dL for FPG. At baseline, mean HbA<sub>4e</sub> vas 10.6% and mean FPG was 287 mg/dL. Compared with placebo, treatment with ACTOS 30 mg resulted in reductions from baseline in mean HbA<sub>4e</sub> and FPG had not returned to screening levels by the end of the study.

**Combination Therapy** Three 16-week, randomized, double-blind, placebo-controlled clinical studies and three 24-week randomized, double-blind, dose-controlled clinical studies were conducted to evaluate the effects of ACTOS on glycemic control in patients with type 2 diabetes who were inadequately controlled (HbA<sub>18</sub> = 8%) despite current therapy with a sulforylurea, metformin, or insulin. Previous dia-betes treatment may have been monotherapy or combination therapy.

ACTOS Plus Sulfonylurea Studies Two clinical studies were conducted with ACTOS in combination nichapy. Two clinical studies were conducted with ACTOS in combination with a sul-fonylurea. Both studies included patients with type 2 diabetes on a sulfony-lurea, either alone or in combination with another antidiabetic agent. All other antidiabetic agents were withdrawn prior to starting study treatment. In the first study, 560 patients were randomized to receive 15 mg or 30 mg of ACTOS or placebo once daily for 16 weeks in addition to their current sul-fonylurea regimen. When compared to placebo at Week 16, the addition of ACTOS to the sulfonylurea significantly reduced the mean HbA<sub>16</sub> by 0.9% and 1.3% and mean FPG by 39 mg/dL and 58 mg/dL for the 15 mg and 30 mg doses, respectively. In the second study, 702 patients were randomized to receive 30 mg or 45 mg of ACTOS once daily for 24 weeks in addition to their current sul-fonylurea regimen. The mean reductions from baseline at Week 24 in HbA<sub>16</sub> were 1.55% and 1.67% for the 30 mg and 45 mg doses, respectively. Mean reductions from baseline in FPG were 51.5 mg/dL and 56.1 mg/dL. The therapeutic effect of ACTOS in combination with sulfonylurea was observed in patients regardless of whether the patients were receiving low, medium, or high doses of sulfonylurea.

medium, or high doses of sulfonylurea.

### ACTOS Plus Metformin Studies

Two clinical studies were conducted with ACTOS in combination with met-formin. Both studies included patients with type 2 diabetes on metformin, either alone or in combination with another antidiabetic agent. All other either alone or in combination with another antidiabetic agent. All other antidiabetic agents were withdrawn prior to starting study tratament. In the first study, 328 patients were randomized to receive either 30 mg of ACTOS or placebo at weeks in addition to their current metformin regimen. When compared to placebo at Week 16, the addition of ACTOS to metformin significantly reduced the mean HbA<sub>1e</sub> by 0.8% and decreased the mean FPG by 38 mg/dL. In the second study, 827 patients were randomized to receive either 30 mg or 45 mg of ACTOS once daily for 24 weeks in addition to their current metrors.

rent metformin regimen. The mean reductions from baseline at Week 24 in HbA<sub>R</sub> were 0.80% and 1.01% for the 30 mg and 45 mg doses, respective-ly. Mean reductions from baseline in FPG were 38.2 mg/dL and 50.7 mg/dL. The therapeutic effect of ACTOS in combination with metformin was

observed in patients regardless of whether the patients were receiving lower or higher doses of metformin.

### ACTOS Plus Insulin Studies

ACTOS Plus Insulin Studies Two clinical studies were conducted with ACTOS in combination with insulin. Both studies included patients with type 2 diabetes on insulin, either alone or in combination with another antidiabetic agent. All other antidia-betic agents were withdrawn prior to starting study treatment. In the first study, 566 patients receiving a median of 60.5 units per day of insulin were randomized to receive either 15 mg or 30 mg of ACTOS or placebo once daily for 16 weeks in addition to their insulin regimen. When compared to placebo at Week 16, the addition of ACTOS to insulin significantly reduced both HbA<sub>1e</sub> by 0.7% and 1.0% and FPG by 35 mg/dL and 49 mg/dL for the 15 mg and 30 mg dose, respectively. In the second study, 690 patients receiving a median of 60.0 units per day of insulin received either 30 mg or 45 mg of ACTOS once daily for 24 weeks in addition to their current insulin regimen. The mean reductions from base-line at Week 24 in HbA<sub>1e</sub> were 1.17% and 1.46% for the 30 mg and 45 mg doses, respectively. Mean reductions from baseline in FPG were 31.9 mg/dL and 45.8 mg/dL. Improved glycemic control was accompanied by mean decreases from baseline in insulin dose requirements of 6.0% and 9.4% per day for the 30 mg and 45 mg dose, respectively.

day for the 30 mg and 45 mg dose, respectively. The therapeutic effect of ACTOS in combination with insulin was observed in patients regardless of whether the patients were receiving lower or higher doses of insulin.

INDICATIONS AND USAGE ACTOS is indicated as an adjunct to diet and exercise to improve glycemic control in patients with type 2 diabetes (non-insulin-dependent diabetes melli-tus, NIDDM). ACTOS is indicated for monotherapy. ACTOS is also indicated for use in combination with a sulfonylurea, metformin, or insulin when diet and exercise plus the single agent does not result in adequate glycemic control. Management of type 2 diabetes should also include nutritional counseling, weight reduction as needed, and exercise. These efforts are important not only in the primary treatment of type 2 diabetes, but also to maintain the effi-cave of drug therapy.

cacy of drug therapy.

CONTRAINDICATIONS ACTOS is contraindicated in patients with known hypersensitivity to this product or any of its components.

# WARNINGS Cardiac Failure and Other Cardiac Effects

Cardiac Failure and Other Cardiac Effects ACTOS, like other thiazolidinediones, can cause fluid retention when used alone or in combination with other antidiabetic agents, including insulin. Fluid retention may lead to or exacerbate heart failure. Patients should be observed for signs and symptoms of heart failure. Patients should be observed for signs and symptoms of heart failure. Patients should be observed for signs and symptoms of heart failure. Patients should be observed for signs and during pre-approval clinical trials; ACTOS is not recommended in these patients (see PRECAUTIONS, Cardiovascular). In one 16-week U.S. double-blind, placebo-controlled clinical trial involving 566 patients with type 2 diabetes, ACTOS at doses of 15 mg and 30 mg in combination with insulin was compared to insulin therapy alone. This trial included patients with hone-standing diabetes and a high prevalence of pre-

combination with insulin was compared to insulin therapy alone. This frial included patients with long-standing diabetes and a high prevalence of pre-existing medical conditions as follows: arterial hypertension (57.2%), per-ipheral neuropathy (22.6%), coronary heart disease (19.6%), retinopathy (13.1%), myocardial infarction (8.8%), vascular disease (6.4%), angina pec-toris (4.4%), stroke and/or transient ischemic attack (4.1%), and congestive heart failure (2.3%). In this study two of the 191 patients receiving 30 mg ACTOS plus insulin (1.1%) and two of the 189 patients receiving 30 mg ACTOS plus insulin (1.1%) and two of the 189 patients receiving 30 mg ACTOS plus insulin for a cardiovascular conditions including coronary artery disease, previous CABG procedures, and myocardial infarction. In a 24-week dose-controlled study in which ACTOS was coadministered with insulin, 0.3% of Detents (1/345) on 30 mg and 0.9% (3/345) of patients on 45 mg reported CHF as a serious adverse event. Analysis of data from these studies did not identify specific factors that

Analysis of data from these studies did not identify specific factors that predict increased risk of congestive heart failure on combination therapy with insulin.

In type 2 diabetes and congestive heart failure (systolic dysfunction)

In type 2 diabetes and congestive heart failure (systolic dysfunction) A 24-week post-marketing safety study was performed to compare ACTOS (n=262) to glyburide (n=265) in uncontrolled diabetic patients (mean HbA<sub>te</sub> 8.8% at baseline) with NYHA Class II and III heart failure and ejection frac-tion less than 40% (mean EF 30% at baseline). Over the course of the study, overnight hospitalization for congestive heart failure was reported in 9.9% of patients on ACTOS compared to 4.7% of patients on glyburide with a treat-ment difference observed from 6 weeks. This adverse event associated with ACTOS was more marked in patients using insulin at baseline and in patients over 64 years of age. No difference in cardiovascular mortality between the treatment groups was observed. ACTOS should be initiated at the lowest approved dose if it is prescribed for patients with type 2 diabetes and systolic heart failure (NYHA Class II). If subsequent dose escalation is necessary, the dose should be increased grad-ually only after several months of treatment with careful monitoring for weight gain, edema, or signs and symptoms of CHF exacerbation.

### PRECAUTIONS

ACTOS exerts its antihyperglycemic effect only in the presence of insulin. Therefore, ACTOS should not be used in patients with type 1 diabetes or for the treatment of diabetic ketoacidosis.

<u>Hypoglycemia</u>: Patients receiving ACTOS in combination with insulin or oral hypoglycemic agents may be at risk for hypoglycemia, and a reduction in the dose of the concomitant agent may be necessary.

Cardiovascular: In U.S. placeho-controlled clinical trials that excluded patients with New York Heart Association (NYHA) Class III and IV cardiac status, the incidence of serious cardiac adverse events related to volume expansion was not increased in patients treated with ACTOS as monotherapy or in combina-tion with sulfonylureas or metformin vs. placebo-treated patients. In insulin combination studies, a small number of patients with a history of previously avieting cardiac disease developed compactive heart failure when treated with existing cardiac disease developed congestive heart failure when treated with ACTOS in combination with insulin (see WARNINGS). Patients with NYHA Class III and IV cardiac status were not studied in these ACTOS clinical trials. ACTOS is not indicated in patients with NYHA Class III or IV cardiac status

In postmarketing experience with ACTOS, cases of congestive heart failure have been reported in patients both with and without previously known heart disease

Edema: ACTOS should be used with caution in patients with edema. In all U.S. clinical trials, edema was reported more frequently in patients treated with ACTOS than in placebo-treated patients and appears to be dose related (see ADVERSE REACTIONS). In postmarketing experience, reports of initiation or worsening of edema have been received.

Weight Gain: Dose related weight gain was seen with ACTOS alone and in com-bination with other hypoglycemic agents (Table 6). The mechanism of weight gain is unclear but probably involves a combination of fluid retention and fat accumulation

### Table 6 Weight Changes (kg) from Baseline during Double-Blind Clinical Trials with ACTOS

			ACTOS 15 mg	ACTOS 30 mg	ACTOS 45 mg
		Median (25th/75th percentile)	Median (25th/75th percentile)	Median (25th/75th percentile)	Median (25th/75th percentile)
Monotherapy		-1.4 (-2.7/0.0) n=256	0.9 (-0.5/3.4) n=79	1.0 (-0.9/3.4) n=188	2.6 (0.2/5.4) n=79
Combination Therapy	Sulfonylurea	-0.5 (-1.8/0.7) n=187	2.0 (0.2/3.2) n=183	3.1 (1.1/5.4) n=528	4.1 (1.8/7.3) n=333
	Metformin	-1.4 (-3.2/0.3) n=160	N/A	0.9 (-0.3/3.2) n=567	1.8 (-0.9/5.0) n=407
	Insulin	0.2 (-1.4/1.4) n=182	2.3 (0.5/4.3) n=190	3.3 (0.9/6.3) n=522	4.1 (1.4/6.8) n=338

Note: Trial durations of 16 to 26 weeks

Ovulation: Therapy with ACTOS, like other thiazolidinediones, may result in ovulation in some premenopausal anovulatory women. As a result, these patients may be at an increased risk for pregnancy while taking ACTOS. Thus, adequate contraception in premenopausal women should be recommended. This possible effect has not been investigated in clinical studies so the fre-quency of this occurrence is not known.

Hematologic: ACTOS may cause decreases in hemoglobin and hematocrit. Across all clinical studies, mean hemoglobin values declined by 2% to 4% in patients treated with ACTOS. These changes primarily occurred within the first 4 to 12 weeks of therapy and remained relatively constant thereafter. These changes may be related to increased plasma volume and have rarely been asso-ciated with any significant hematologic clinical effects (see ADVERSE REAC-TIONS, Laboratory Abnormalities).

TIONS, Laboratory Abnormalities). Hepatic Effects: In pre-approval clinical studies worldwide, over 4500 subjects were treated with ACTOS. In U.S. clinical studies, over 4700 patients with type 2 diabetes received ACTOS. There was no evidence of drug-induced hepatotoxicity or elevation of ALT levels in the clinical studies. During pre-approval placebo-controlled clinical trials in the U.S., a total of 4 of 1526 (0.26%) patients treated with ACTOS and 2 of 793 (0.25%) placebo-treated patients had ALT values ≥ 3 times the upper limit of normal. The ALT elevations in patients treated with ACTOS were reversible and were not clearly related to therapy with ACTOS.

related to therapy with ACTOS. In postmarketing experience with ACTOS, reports of hepatitis and of hepatic enzyme elevations to 3 or more times the upper limit of normal have been received. Very rarely, these reports have involved hepatic failure with and with-out fatal outcome, although causality has not been established. Pioglitazone is structurally related to troglitazone, a thiazolidinedione no longer marketed in the United States, which was associated with lidosyncratic hepatotoxicity and cases of liver failure, liver transplants and death during notmarketing clinical use. In one-approval controlled clinical trials in

postmarketing clinical use. In pre-approval controlled clinical trials in patients with type 2 diabetes, troglitazone was more frequently associated with clinically significant elevations of hepatic enzymes (ALT > 3 times the upper limit of normal) compared to placebo, and cases of reversible jaundice were reported

Pending the availability of the results of additional large, long-term con-trolled clinical trials and additional postmarketing safety data, it is recom-mended that patients treated with ACTOS undergo periodic monitoring of liver

Serum ALT (alanine aminotransferase) levels should be evaluated prior to the initiation of therapy with ACTOS in all patients and periodically thereafter per the clinical judgment of the health care professional. Liver function tests should also be obtained for patients if symptoms suggestive of hepatic dys-function occur, e.g., nausea, vomiting, abdominal pain, fatigue, anorexia, or dark urine. The decision whether to continue the patient on therapy with ACTOS benefits on united by adjivent in decision because and the patient on therapy with ACTOS heads the patient of the patient of the patient on therapy with ACTOS heads the patient of the patient of the patient on the patient of the patient

The decision whether to continue the patient on therapy with ACTOS should be guided by clinical judgment pending laboratory evaluations. If jaun-dice is observed, drug therapy should be discontinued. Therapy with ACTOS should be guided by clinical judgment pending laboratory evaluations. If jaun-dice is observed, drug therapy should be discontinued. Therapy with ACTOS should be evaluated if the patient exhibits clinical evidence of active liver disease or the ALT levels exceed 2.5 times the upper limit of normal, Patients with mildly elevated liver enzymes (ALT levels at 1 to 2.5 times the upper limit of normal) at baseline or any time during therapy with ACTOS should be evaluated to determine the cause of the liver enzyme elevation. Initiation or continuation of therapy with ACTOS in patients with mildly elevated liver enzymes should proceed with caution and include appropriate clinical follow-up which may include more frequent liver enzyme the upper limit of normal, here should be evaluated to deterd as soon as possible. If ALT levels remains a times the upper limit of normal or pretreatment values. If ALT levels exceed 3 times the upper limit of normal or pretreatment values. If ALT levels exceed 3 times the upper limit of normal or patients who experienced liver any should be uppeated as soon as possible. If ALT levels remain > 3 times the upper limit of normal or retreatment. ACTOS in patients who experienced liver annual hore to uppeate limit of normal or pretreatment walues. If ALT levels exceed 3 times the upper limit of normal or pretreatment walues. If ALT levels exceed with a submit be appeated as soon as possible. If ALT levels remain > 3 times the upper limit of normal or pretreatment walues the safety of ACTOS in patients who experienced liver abnormalities, hepatic dysfunction, or jaundice while on troplitazone.

while taking troglitazone.

**Laboratory Tests** FPG and HbA<sub>n</sub> measurements should be performed periodically to monitor glycemic control and the therapeutic response to ACTOS. Liver enzyme monitoring is recommended prior to initiation of therapy with ACTOS in all patients and periodically thereafter per the clinical judgment of the health care professional (see PRECAUTIONS, General, Hepatic Effects and BUKTORC FACTIONS. Screme Transports and set of the s ADVERSE REACTIONS, Serum Transaminase Levels).

### Information for Patients

It is important to instruct patients to adhere to dietary instructions and to have blood glucose and glycosylated hemoglobin tested regularly. During periods of stress such as fever, trauma, infection, or surgery, medication requirements may change and patients should be reminded to seek medical

requirements may change and patients should be ferminoe to seek medical advice promptly. Patients who experience an unusually rapid increase in weight or edema or who develop shortness of breath or other symptoms to their physician. Patients should be told that blood tests for liver function will be performed prior to the start of therapy and periodically thereafter per the clinical judg-ment of the health care professional. Patients should be told to seek immedi-ate medical advices for unevalationed patients. ate medical advice for unexplained nausea, vomiting, abdominal pain, fatigue,

anorexia, or dark urine. Patients should be told to take ACTOS once daily. ACTOS can be taken with or without meals. If a dose is missed on one day, the dose should not be dou-

When using combination therapy with insulin or oral hypoglycemic agents, the risks of hypoglycemia, its symptoms and treatment, and conditions that predispose to its development should be explained to patients and their family members.

ily members. Therapy with ACTOS, like other thiazolidinediones, may result in ovulation in some premenopausal anovulatory women. As a result, these patients may be at an increased risk for pregnancy while taking ACTOS. Thus, adequate contra-ception in premenopausal women should be recommended. This possible effect has not been investigated in clinical studies so the frequency of this occurrence is not known.

### Drug Interactions

In vivo drug-drug interaction studies have suggested that pioglitazone may be a weak inducer of CYP 450 isoform 3A4 substrate (see CLINICAL PHARMA-COLOGY, Metabolism and Drug-Drug Interactions).

Carcinogenesis, Mutagenesis, Impairment of Fertility A two-year carcinogenicity study was conducted in male and female rats at oral doses up to 63 mg/kg (approximately 14 times the maximum recommended human oral dose of 45 mg based on mg/m<sup>2</sup>). Drug-induced tumors were not

observed in any organ except for the urinary bladder. Benign and/or malignant transitional cell neoplasms were observed in male rats at 4 mg/kg/day and above (approximately equal to the maximum recommended human oral dose based on mg/m<sup>2</sup>). A two-year carcinogenicity study was conducted in male and female mice at oral doses up to 100 mg/kg/day (approximately 11 times the maximum recommended human oral dose based on mg/m<sup>2</sup>). No drug-induced tumors were observed in any organ. Urinary tract tumors have been reported in rodents taking experimental drugs with dual PPAR dry activity; however, ACTOS is a selective agonist for PPARy. During prospective evaluation of urinary cytology involving more than 1800 patients receiving ACTOS in clinical trials up to one year in duration, no new cases of bladder tumors were identified. Occasionally, abnormal urinary cytology results indicating possible maignancy were observed to both patients treated with ACTOS (0.72%) and patients treated with placebo (0.88%). Pioglitazone HCI was not mutagenic in a battery of genetic toxicology studies, including the Ames bacterial assay, a mammalian cell forward gene mutation assay (CHO/HPRT and ASS2/XPRT), an in vitro cytogenetics assay using CHL cells, an unscheduled DNA synthesis assay, and an in vivo micronucleus assay.

No adverse effects upon fertility were observed in male and female rats at oral doses up to 40 mg/kg pioglitazone HCI daily prior to and throughout mating and gestation (approximately 9 times the maximum recommended human oral dose based on mg/m<sup>2</sup>).

humaň oral ďose based on mg/m<sup>2</sup>). Animal Toxicology Heart enlargement has been observed in mice (100 mg/kg), rats (4 mg/kg and above) and dogs (3 mg/kg) treated orally with pioglitazone HCI (approximately 11, 1, and 2 times the maximum recommended human oral dose for mice, rats, and dogs, respectively, based on mg/m<sup>2</sup>). In a one-year rat study, drug-related early death due to apparent heart dysfunction occurred at an oral dose of 160 mg/kg/day (approximately 35 times the maximum recommended human oral dose based on mg/m<sup>2</sup>). Heart enlargement was seen in a 13-week study in monkeys at oral doses of 8.9 mg/kg and above (approximately 4 times the maximum recommended human oral dose based on mg/m<sup>2</sup>). but not in a 52-week study at oral doses up to 32 mg/kg (approximately 13 times the maximum recommended human oral dose based on mg/m<sup>2</sup>).

### Pregnancy

Pregnancy Pregnancy Category C. Pioglitazone was not teratogenic in rats at oral doses up to 80 mg/kg or in rabbits given up to 160 mg/kg during organogenesis (approximately 17 and 40 times the maximum recommended human oral dose based on mg/m<sup>2</sup>, respectively). Delayed parturition and embryotoxicity (as evidenced by increased postimplantation losses, delayed development and reduced fetal weights) were observed in rats at oral doses of 40 mg/kg/day and above (approximately 10 times the maximum recommended human oral dose based on mg/m<sup>2</sup>). No functional or behavioral toxicity was observed in offspring of rats. In rabbits, embryotoxicity was observed in and alose of 160 mg/kg (approximately 40 times the maximum recommended human oral dose based on mg/m<sup>2</sup>). Delayed postnatal development, attributed to decreased body weight, was observed in offspring of rats at oral doses of 10 mg/kg and above during late gestation and lactation periods (approxi-mately 2 times the maximum recommended human oral dose on gg/m2). There are no adequate and well-controlled studies in pregnant women. ACTOS should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

the potential risk to the fetus. Because current information strongly suggests that abornal blood glucose levels during pregnancy are associated with a higher incidence of congenital anomalies, as well as increased neonatal morbidity and mortality, most experts recommend that insulin be used during pregnancy to maintain blood glucose levels as close to normal as possible

### Nursing Mothers

Proglitazone is secreted in the milk of lactating rats. It is not known whether ACTOS is secreted in human milk. Because many drugs are excreted in human milk, ACTOS should not be administered to a breast-feeding woman.

Pediatric Use Safety and effectiveness of ACTOS in pediatric patients have not been established.

Elderly Use Approximately 500 patients in placebo-controlled clinical trials of ACTOS were 65 and over. No significant differences in effectiveness and safety were observed between these patients and younger patients.

Observed between these patients and younger patients. **AUVERSE REACTIONS** In worldwide clinical trials, over 5900 patients with type 2 diabetes have been treated with ACTOS. In U.S. clinical trials, over 4700 patients have received ACTOS, over 3300 patients have been treated for 6 months or longer, and over 450 patients for one year or longer. The overall incidence and types of adverse events reported in placebo-controlled clinical trials of ACTOS monotherapy at doses of 7.5 mg, 15 mg, 30 mg, or 45 mg once daily are shown in Table 7.

Table 7	Placebo-Controlled Clinical Studies of ACTOS
	Monotherapy: Adverse Events Reported at a
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Frequency  $\ge 5\%$  of Patients Treated with ACTOS (% of Patients)

(70 011 410110)				
	Placebo N=259	ACTOS N=606		
Upper Respiratory Tract Infection	8.5	13.2		
Headache	6.9	9.1		
Sinusitis	4.6	6.3		
Myalgia	2.7	5.4		
Tooth Disorder	2.3	5.3		
Diabetes Mellitus Aggravated	8.1	5.1		
Pharyngitis	0.8	5.1		

For most clinical adverse events the incidence was similar for groups treated with ACTOS monotherapy and those treated in combination with sulfonylureas, metformin, and insulin. There was an increase in the occurrence of edema in the patients treated with ACTOS and insulin compared to insulin alone. In a 16-week, placebo-controlled ACTOS plus insulin trial (n=379), 10 patients treated with ACTOS plus insulin developed dyspnea and also, at some point during their therapy, developed either weight change or edema. Seven of these 10 patients received diuretics to treat these symptoms. This was not reported in the insulin plus placebo-controlled clinical trials due to an adverse event other than hyperpluxemia was similar for patients treated.

an adverse event other than hyperglycemia was similar for patients treated with placebo (2.8%) or ACTOS (3.3%). In controlled combination therapy studies with either a sulfonylurea or

with placebo (2.8%) or ACTOS (3.3%). In controlled combination therapy studies with either a sulfonylurea or insulin, mild to moderate hypoglycemia, which appears to be dose related, was reported (see PRECAUTIONS, General, Hypoglycemia and DOSAGE and ADMINISTRATION, Combination Therapy). In U.S. double-blind studies, anemia was reported in  $\leq 2\%$  of patients treated with ACTOS plus sulfonylurea, metformin or insulin (see PRECAUTIONS, General, Hematologic). In monotherapy studies, edema was reported for 4.8% of patients treated with ACTOS plus sulfonylurea, treated patients. In combination therapy studies, edema was reported for 7.2% of patients treated with ACTOS versus 1.2% of placebo-treated patients. In combination therapy studies, edema was reported to 2.1% of patients on sulfonylureas acons are to 2.1% of patients on sulfonylureas acons. In combination therapy studies with metformin, edema was reported in 6.0% of patients on combination therapy compared to 2.5% of patients on informination therapy studies with insulin, edema was reported in 5.3% of patients on combination therapy studies with metformin, no metformin in 15.3% of patients on combination therapy compared to 7.0% of patients on insulin alone. Most of these events were considered mild or moderate in intensity (see PRECAUTIONS, General, Edema). In one 16-week clinical trial of insulin plus ACTOS combination therapy (1.1%) compared to none on insulin alone (see WARNINGS, Cardiac Failure and Other Cardiac Effects).

Laboratory Abnormalities Hematologic: ACTOS may cause decreases in hemoglobin and hematocrit. The fall in hemoglobin and hematocrit with ACTOS appears to be dose related. Across all clinical studies, mean hemoglobin values declined by 2% to 4% in patients treated with ACTOS. These changes generally occurred with-in the first 4 to 12 weeks of therapy and remained relatively stable thereafter. These changes may be related to increased plasma volume associated with ACTOS therapy and have rarely been associated with any significant hematologic clinical effects.

tologic clinical effects. Serum Transaminase Levels: During all clinical studies in the U.S., 14 of 4780 (0.30%) patients treated with ACTOS had ALT values  $\geq$  3 times the upper limit of normal during treatment. All patients with follow-up values had reversible elevations in ALT. In the population of patients treated with ACTOS, mean values for bilirubin, AST, ALT, alkaline phosphatase, and GGT were decreased at the final visit compared with baseline. Fewer than 0.9% of patients treated with ACTOS were withdrawn from clinical trials in the U.S. ue to abnormal liver function tests. In pre-approval clinical trials, there were no cases of idiosyncratic drug reactions leading to hepatic failure (see PREAUTIONS, Hepatic Effects). CPK Levels: During required laboratory testing in clinical trials, sporadic.

Feactions leading to nepatic failure (see PHELAU ITUNS, hepatic Effects).
CPK Levels: During required laboratory testing in clinical trials, sporadic, transient elevations in creatine phosphokinase levels (CPK) were observed.
An isolated elevation to greater than 10 times the upper limit of normal was noted in 9 patients (values of 2150 to 11400 IU/L). Six of these patients (values of 2150 to 11400 IU/L). Six of these patients continued to receive ACTOS, two patients had completed receiving study medication at the time of the elevation. These elevations resolved without any apparent clinical sequelae. The relationship of these events to ACTOS thera-ny is unknown. py is unknown.

### OVERDOSAGE

UVEHUUSAGE During controlled clinical trials, one case of overdose with ACTOS was report-ed. A male patient took 120 mg per day for four days, then 180 mg per day for seven days. The patient denied any clinical symptoms during this period. In the event of overdosage, appropriate supportive treatment should be ini-tiated according to patient's clinical signs and symptoms. DOCAGE AND ADMINISTRATION

### DOSAGE AND ADMINISTRATION

DOSAGE AND ADMINISTRATION ACTOS should be taken once daily without regard to meals. The management of antidiabetic therapy should be individualized. Ideally, the response to therapy should be evaluated using HbA<sub>te</sub> which is a better indica-tor of long-term glycemic control than FPG alone. HbA<sub>te</sub> reflects glycemia over the past two to three months. In clinical use, it is recommended that patients be treated with ACTOS for a period of time adequate to evaluate change in HbA<sub>te</sub> (three months) unless glycemic control deteriorates.

HbA<sub>1c</sub> (three months) unless glycemic control deteriorates. Monotherapy ACTOS monotherapy in patients not adequately controlled with diet and exer-cise may be initiated at 15 mg or 30 mg once daily. For patients who respond inadequately to the initial dose of ACTOS, the dose can be increased in incre-ments up to 45 mg once daily. For patients not responding adequately to monotherapy, combination therapy should be considered. **Combination Therapy Sulfonylureas:** ACTOS in combination with a sulfonylurea may be initiated at 15 mg or 30 mg once daily. The current sulfonylurea dose can be continued upon initiation of ACTOS therapy. If patients report hypoglycemia, the dose of the sulfonylurea should be decreased. Mettormic ACTOS in combined up with matforming may be initiated at 15 mg

Metformin: ACTOS in combination with metformin may be initiated at 15 mg or 30 mg once daily. The current metformin dose can be continued upon initi-ation of ACTOS therapy. It is unlikely that the dose of metformin will require adjustment due to hypoglycemia during combination therapy with ACTOS.

Insulin: ACTOS in combination with insulin may be initiated at 15 mg or 30 mg once daily. The current insulin dose can be continued upon initiation of ACTOS therapy. In patients receiving ACTOS and insulin, the insulin dose can be decreased by 10% to 25% if the patient reports hypoglycemia or if plasma glucose concentrations decrease to less than 100 mg/dL. Further adjustments should be individualized based on glucose-lowering response.

Concentrations decrease to resist than not mycl. Further adjustments structure be individualized based on glucose-lowering response. **Maximum Recommended Dose** The dose of ACTOS should not exceed 45 mg once daily in monotherapy or in combination with sulfonylurea, metformin or insulin. Dose adjustment in patients with renal insufficiency is not recommended (see CLINCL PHARMACOLIGGY, Pharmacokinetics and Drug Metabolism). Therapy with ACTOS should not be initiated if the patient exhibits clinical evidence of active liver disease or increased serum transaminase levels (ALT greater than 2.5 times the upper limit of normal) at start of therapy (see PRE-CAUTIONS, General, Hepatic Effects and CLINICAL PHARMACOLOGY, Special Populations, Hepatic Insufficiency). Liver enzyme monitoring is recommended in all patients prior to initiation of therapy with ACTOS and periodically there-after (see PRE-CAUTIONS, General, Hepatic Effects). There are no data on the use of ACTOS in patients under 18 years of age; therefore, use of ACTOS in pediatric patients is not recommended. No data are available on the use of ACTOS in combination with another thiazolidinedione.

### HOW SUPPLIED

HOW SUPPLIED ACTOS is available in 15 mg, 30 mg, and 45 mg tablets as follows: 15 mg Tablet: white to off-white, round, convex, non-scored tablet with "ACTOS" on one side, and "15" on the other, available in: NDC 64764-151-04 Bottles of 30 NDC 64764-151-05 Bottles of 500

30 mg Tablet: white to off-white, round, flat, non-scored tablet with "ACTOS" on one side, and "30" on the other, available in: NDC 64764-301-14 Bottles of 30 NDC 64764-301-15 Bottles of 90 NDC 64764-301-16 Bottles of 500

45 mg Tablet: white to off-white, round, flat, non-scored tablet with "ACTOS" on one side, and "45" on the other, available in: NDC 64764-451-24 Bottles of 30 NDC 64764-451-25 Bottles of 90 NDC 64764-451-26 Bottles of 500

# STORAGE Store at 25°C (77°F); excursions permitted to 15-30°C (59-86°F) [see USP Controlled Room Temperature]. Keep container tightly closed, and protect from moisture and humidity.

Rx only

Manufactured by: Takeda Pharmaceutical Company Limited Osaka, Japan

### Marketed by:

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